



Head of Medical & Premiership Men's Team Physiotherapist Kowloon Rugby Club – Hong Kong

Position Title: Head of Medical & Premiership Men's Team
Physiotherapist

Location: Kowloon Rugby Club, Hong Kong

Contract Type: Part-time / Seasonal (August – March)

Reports to: Head Coach

About Kowloon Rugby Club:

Kowloon Rugby Club is a leading rugby club in Hong Kong with a proud history and strong presence in both elite and community competitions. We are committed to high-performance standards, player welfare, and a strong team culture. We are currently seeking a qualified and enthusiastic Physiotherapist to support our Senior Men's Teams for the upcoming season.

Role Overview:

The Men's Rugby Physiotherapist will be responsible for the prevention, assessment, treatment, and rehabilitation of injuries for senior male players. In addition to their team-specific duties, this person will also serve as the Head of Medical, overseeing medical protocols and injury management standards across all teams within the club—from youth to senior levels, as well as taking the lead on diagnosing injuries of senior players.

Key Responsibilities – Head of Medical (Club-Wide):

- Oversee and coordinate the medical support structure across all club teams (youth, men's, and women's)
 - Establish and maintain consistent injury management and return-to-play protocols
 - Support and supervise assistant physios, trainers, and first aiders across the club
 - Collaborate with coaches and managers to develop a culture of safety and welfare
 - Serve as a key point of contact for serious injury reporting and medical incidents
 - Contribute to long-term planning for club health resources, equipment, and education
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Key Responsibilities:

- Provide pitch-side first aid and injury support during matches (primarily weekends)
 - Lead pre-match preparation (taping, strapping, warm-up monitoring)
 - Conduct weekly injury assessments and ongoing treatment during training (2x per week)
 - Develop and monitor rehabilitation plans for injured players
 - Maintain accurate medical records and communication with coaching staff
 - Liaise with external healthcare providers as needed
 - Promote best practices in injury prevention and player welfare
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Requirements:

- Degree in Physiotherapy (BSc or equivalent) – must be registered to practice in Hong Kong
 - Valid first aid and pitch-side trauma care certification (e.g., World Rugby Immediate Care in Rugby – ICIR)
 - Experience in rugby or contact sports preferred
 - Strong interpersonal and communication skills
 - Availability for evening training sessions and weekend match days
 - Commitment to professional conduct and confidentiality
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Desirable Attributes:

- Background in sports rehabilitation, athletic therapy, or strength & conditioning
- Experience with player load management tools and injury tracking systems

- Passion for rugby and a team-oriented mindset
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What We Offer:

- A dynamic and supportive club environment
 - Competitive hourly rate or seasonal honorarium
 - Club kit and physio supplies provided
 - The opportunity to work with high-level athletes and make a real impact on performance and welfare
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How to Apply:

Please send your CV and a brief cover letter outlining your experience and availability to admin@kowloon-rugby.com by **Sunday 29th June, 2025**.